



### Quick and Easy Shortbread Cookies

#### INGREDIENTS:

1 cup butter, softened  
1/2 cup confectioners' sugar  
1/4 cup cornstarch  
1 1/2 cups all-purpose flour

#### DIRECTIONS:

1. Preheat the oven to 375 degrees F (190 degrees C).
2. Whip butter with an electric mixer until fluffy. Stir in the confectioners' sugar, cornstarch, and flour. Beat on low for one minute, then on high for 3 to 4 minutes. Drop cookies by spoonfuls 2 inches apart on an ungreased cookie sheet.
3. Bake for 12 to 15 minutes in the preheated oven. Watch that the edges don't brown too much. Cool on wire racks.

This quick and easy shortbread will literally melt when you take a bite. Great for Christmas parties with a little bit of decorating!

# FOX & FARLEY

## ATTORNEYS AT LAW

An Association  
Your Injury and Accident Attorneys

Winter 2016

### FOX & FARLEY Attorneys at Law

310 North Main Street  
Clinton, TN 37716  
865.457.6440 Office

800 S. Gay Street #700  
Knoxville, TN 37929  
865.766.4200 Office

1.866.862.4855 Toll-free  
865.457.6322 Fax

www.foxandfarleylaw.com

#### ATTORNEYS

Bruce D. Fox  
Michael S. Farley  
John A. Willis  
Bradley C. Burnette  
Michael C. Beehan  
Kevin C. Angel  
W. Ethan Smartt

#### OFFICE HOURS

Monday through Thursday  
8:00 am - 5:00 pm  
Friday  
8:00 am - 4:00 pm

- Social Security
- On-the-job injuries
- Medical Device Defects
- Auto Accidents
- Product Liability
- Defective Pharmaceutical Drugs
- Wrongful Death
- Serious Injuries
- Trucking Accidents
- Motorcycle Accidents
- Free Consultation
- Criminal
- Divorce



### COMMUNITY MATTERS: SEASONAL GIVING ALL YEAR LONG



With Christmas here, it seems all of our hearts are opened to the needs of many in our community. So, the holiday season always sees an uptick in charitable giving. We see that need as well. Of course, the needs are there all year long, not just over Christmas. That's why we've challenged ourselves to maintain the momentum of support for our community throughout the year. So, at Fox & Farley, we have started a program of donating a percentage of our fees to local charities, as chosen by our clients. We started the program this year, and we are pleased to report that, so far in 2016, we have made more than 65 donations to local organizations, churches and charities. Every case provides us an opportunity to give to those that need a helping hand here locally, and this provides us a way to give throughout the year, not just during the "giving season."



### FOCUS ON THE FIRM: DEBBI NANCE

In each newsletter, we like to focus on somebody new to the Fox & Farley team, or introduce you to a team member who you might not know as well. This month, we're focusing on Debbi Nance. Debbi wears many hats: office manager, bookkeeper and comptroller. Whatever title she takes at any particular moment, her job is to keep things running smoothly so everybody else can focus on representing our clients. Debbi also has the distinction



of working with Bruce the longest, almost 37 years! (We're obligated to point out that she must've started working when she was 5 years old).

Debbi grew up in Campbell County. She is married to her high school classmate Derick, which is interesting, because the first time they met, he knocked her down opening a door! They love to travel and spend time with 2 grandkids and their "surrogate" grandkids (i.e. nieces and nephews). When she isn't working, she enjoys reading and spending time on the lake. If you see Debbi in the office, say hello and you're certain to hear about her babies, Deuce, her English Bulldog who comes to work with her quite frequently, and Sassy, her rescued kitty. A big "Thank You" to Debbi and all she brings to Fox and Farley.

## RECENT SETTLEMENTS AND JUDGEMENTS

- Settlement of \$250,000 for a woman in a car accident who suffered a broken leg and head trauma with a concussion. Knox County.
- Settlement of \$100,000 for a man who fell through a floor lacerating a nerve and tendon resulting in drop foot. Anderson County.
- Settlement of \$90,800 for a couple rear-ended in a car accident. The husband suffered injuries to his neck, back, cheek, and had a broken nose and teeth. The wife suffered injuries to her neck and shoulder. Anderson County.
- Workers compensation settlement of \$131,700 for a medical worker who injured her back lifting a piece of equipment to a patient's bedside from a cart. Knox County.
- Workers compensation settlement of \$175,000 for a Boeing employee who was exposed to noise and chemicals resulting in hearing loss and lung disease. Anderson County.
- Undisclosed settlement for the death of a child who drowned at a privately owned home with a pool. Roane County.
- Settlement of \$80,000 for a woman injured in a car accident where she was hit on the driver's side and broke her toes and suffered injuries to her chest wall, neck and right arm. Anderson County.
- Settlement of \$65,000 for a man involved in a car accident wherein the defendant pulled out in front of him. He suffered injuries to his back and neck. Anderson County.
- Settlement of \$101,000 for a couple involved in a car wreck. The husband suffered injuries to his arm, hand, neck, back, knee and a concussion. The wife hurt her back, shoulder, neck, and suffered a broken sternum and severe bruising. Anderson County.
- Workers compensation settlement of \$150,000 for a Y-12 worker who was exposed to chemicals and now has COPD and emphysema. Anderson County.

## TY'S CORNER



Woodrow and I have worked hard all year. We spent two months in North Dakota training with Brady Collins. We missed Bruce and Mary Jane, but we were having a great time every day picking up ducks, swimming and hanging out with 22 other dogs.

One day we came back to the house after training and a strange truck pulled into the driveway. My tail started wagging and my heart started beating faster.

Woodrow was next to me and he started barking—we were so excited—it was Bruce! He came to spend a week training with us. We were so happy. We jumped around, barked, and licked Bruce on the face. It was the best week of the summer, being with Bruce every day and training in such a beautiful place.

We got back from North Dakota in late August and started the fall field trial circuit in September. We traveled to Mississippi, Alabama, Kentucky, Georgia, Nashville, Chattanooga, and Memphis to run trials.

Finally, we are now back home with Bruce and Mary Jane, just being dogs. This is my favorite time of the year. I get to relax, lay in front of the fire and dream about what is coming next. The days are getting shorter, there is a chill in the air and the leaves are falling. That can only mean one thing, duck season is just around the corner!



## —Referrals—

*Fox & Farley are here to help! If you have family or friends in need of an attorney, we sincerely hope you consider referring them to the attorneys at Fox & Farley. The vast majority of our clients come to us on a personal referral from former clients who have been represented by us in the past. We promise to treat any of your loved ones with care and respect and diligently represent them to the best of our abilities.*

## UNDERSTANDING TRAUMATIC BRAIN INJURIES

Traumatic brain injuries (TBIs) are frequently associated with sporting events like tackle football or boxing. Public awareness has increased in recent years due in large part to studies about brain injuries in professional athletes, but what is often overlooked is the number of people that suffer brain injuries in personal injury accidents. According to the Centers for Disease Control, approximately 2.5 million emergency room visits, hospitalizations, or deaths were associated with traumatic brain injuries in 2010. TBIs are a major cause of death and disability in the United States, contributing to approximately 30% of all injury deaths.

The impact of a TBI on a victim depends on the severity of the injury and the general health and age of the victim. For mild TBI cases, the victim might experience dizziness, headaches, nausea, vomiting, sleepiness, memory deficits and change in emotional behavior. Victims of moderate TBIs suffer some of the same symptoms as that of a mild TBI. However, the symptoms are more severe and they typically last longer. Victims of severe brain injuries require hospitalization, therapy and rehabilitation. They often live with permanent disabilities and over time they can develop long-term health complications such as Alzheimer's disease or Parkinson's disease.

A concussion is the most common form of TBI and is caused by a blow to the head that forces the brain to move within the skull. It's technically classified as a closed-head injury because the skull is not penetrated. The concussed person may or may not lose consciousness and often the injury is not immediately noticeable. The amount of force required to sustain a mild brain injury is not as great as you might think and the symptoms are frequently delayed and therefore ignored. While concussions are not usually life-threatening, they are nonetheless serious and their effects can be long-lasting.

Most head injuries are diagnosed with a CT scan, or computerized tomography. Treating physicians will also use MRIs and PET scans when appropriate. Usually a cognitive evaluation by a neuropsychologist with formal training in neuropsychological testing is needed. People suffering from a brain injury and their families are often overwhelmed with medical information that can be difficult to process. Once the diagnosis and prognosis for recovery are established by the treating physician, it is important to consult with an experienced traumatic brain injury attorney to determine whether the injury was due to someone else's negligence and to ensure that your rights are adequately protected.

The attorneys at Fox & Farley are committed to understanding the medical nuances of traumatic brain injuries so that you get just compensation for your injuries. If we can assist you with a free case evaluation, please call us at 865-457-6440.

## 5 WAYS TO REDUCE THE RISK OF INJURY FROM A WRECK

More than 5 million Americans are involved in a motor vehicle collision every year. While all collisions are not preventable, you can take steps to reduce your risk of being in one. Below are five tips to help you reduce the risk of a collision and resulting injury:

1. **Avoid Distractions:** One of the surest ways to prevent a collision is to drive distraction free. Over 3,000 people per year are killed as a result of distraction-related crashes. This includes driving while texting, eating, changing the radio, or putting on makeup.
2. **Pay Attention:** Not only to what is directly in front of you, but to what is further down the road. Spotting obstacles in the road or brake lights at a distance gives you more time to react.
3. **Get Plenty of Rest:** Drowsy driving causes upwards of 80,000 wrecks and nearly 1,000 crash-related deaths per year. You will be doing a great service to yourself and other drivers by getting plenty of rest before hitting the road.
4. **Wear Your Seatbelt:** Seatbelts can significantly reduce some common collision injuries including head and face injuries that occur from hitting the windshield or window.
5. **Find A Car With Front And Side Airbags:** Combined with using a seatbelt, front and side airbags significantly reduce the chance of suffering a traumatic brain injury from a collision.

